

The Juvéderm® range of products are injected into the dermis to correct wrinkles, folds, and lines of the face and skin or for lip augmentation. Due to a needle, there is likely to be some bleeding at the injection site. Reactions giving rise to, for example, redness and swelling may occur after the injection and this may be associated with stinging, itching or discomfort upon pressure at the injection site. This reaction may last for several days. Rarely discoloration of the injection site, necrosis, abscess formation, granulomas, hypersensitivity and hematomas have been reported. Indurations or nodules may develop at the injection site. One of the risks with using these products is unintentional injection into a blood vessel, whilst rare, the complications can be serious and may be permanent. These complications, which have been reported for facial injections, can include vision abnormalities, blindness, stroke, temporary scabs, or permanent scarring. If any of these symptoms develop, or if any other side effects develop, please report them to the practitioner as soon as possible. Whilst rare, such side-effects and their treatment may last for several months.

Please be informed of the following:

- Gently apply ice to treated area for 15 minutes each hour for the first day
- Keep head elevated for the first night to prevent any additional swelling
- Avoid drinking alcohol or strenuous exercise for the first 24 hours
- Avoid intense heat until the swelling resolves, at least 24 hours
- Minimize movement of the treated area, but if there is a visible bump, you can massage the area
- Avoid flying for 48 hours
- Avoid facials for the next 7 days
- You may apply makeup the next day
- You may apply Arnica gel to help reduce bruising. This is available in the natural foods section of grocery stores
- You may take 2 Arnica tablets every 6 hours the day before treatment, then every 6 hours the following 2 days or until bruising resolves

Contact the office immediately if you develop:

- fevers/chills
- the area is red, hot to the touch, or appears angry
- severe pain or increasing pain
- blanching of the area injected or discoloration of other areas.

Juvéderm® is temporary. To have the optimal results, it is suggested you have the procedure performed again in twelve (12) to twenty-four (24) months, depending on which product is used.

Courtesy of KENDALL ANNE MORRISON, M.D.
Justin Bell, FNP-C / Brooke Huff, PA-C / Jessica Rotolo, PA-C
Cumberland Dermatology, P.C.

29 Taylor Avenue, Suite 101, Crossville, TN 38555

303 N Oak Ave, Cookeville, TN 38501

P: (931) 484-6061 / F: (931) 484-6062

www.cumberlanddermatology.com

cderm@cumberlandderm.com / cdermCKVL@cumberlandderm.com